













## **VIRTUAL VOLUNTEERING**

SOCIETY	VOLUNTEER OPPORTUNITY
Adapted Sailing Association BC (ASABC)	<ul> <li>Marketing Volunteer - promote Breeze, ASABC'S         Boat Donation Program (year-round)</li> <li>Social Media Volunteers</li> </ul>
British Columbia Mobility Opportunities Society (BCMOS)	<ul> <li>Trailrider Marketing Volunteer (for hiking program)         <ul> <li>promote trailrider rentals and sales locally and internationally</li> </ul> </li> <li>Personal Training Assistant (for adapted training program) - assist in running virtually the adapted training program on a quarterly basis, managing 20 to 25 clients with exercises and online support</li> <li>Social Media Volunteers</li> </ul>
ConnecTra	<ul> <li>Virtual Content Creator - provide live content on ConnecTogether (virtual weekly programs) for community social engagement</li> <li>Workshop Facilitators - facilitate ConnecTogether Workshops or Accessibility Forums</li> <li>Forum Notetakers - experience in note taking during workshops and forums</li> <li>Online Technical Support Volunteers - familiar with Zoom and FaceBook live streaming</li> </ul>
Disabled Independent Gardeners Association (DIGA)	<ul> <li>Virtual Content Researcher - research content and topics on Gardening for virtual workshops</li> <li>Workshop Facilitators - facilitate gardening workshops</li> <li>Online Technical Support Volunteers - familiar with Zoom and FaceBook live streaming</li> </ul>
Tetra Society	<ul> <li>Designers and builders - customize devices for people with disabilities, collaboration can be done both virtually and in-person</li> <li>Outreach volunteer - network and support tetra events</li> <li>Social Media and Marketing Volunteer</li> <li>Fundraising and Grant Writing Volunteer</li> </ul>

Vancouver Adapted Music Society (VAMS)	<ul> <li>Piano and Guitar Instructors - hold virtual classes for our clients</li> <li>Singing instructor - lessons done virtually</li> <li>Radio Content Writer - research or create on-air content for our Reimagine Radio</li> <li>Volunteer Assistant (mini-school program) - run a series of virtual courses for musicians</li> </ul>
Disability Foundation (DF)	<ul> <li>Social Media Volunteer - work on all social media platform for all 7 organizations</li> <li>Communications Volunteer - write and edit newsletters or enhance content for print, social media and website</li> <li>Fundraising and Grant Writing Volunteer - volunteer with the Development team in fund resourcing or writing proposals</li> <li>Data Entry Volunteer - Sort and update documents for data entry, obtain further information for incomplete documents or combine and rearrange date as required</li> <li>Volunteer Engagement Assistant - assist in overseeing volunteer activities such as maintaining accurate volunteer records, cultivate school and corporate partnerships, orient volunteers, attend on-site volunteer monitoring during summer activities and other volunteer-related activities (both virtual and occasional in-person work)</li> </ul>

## **IN-PERSON VOLUNTEERING**

SOCIETY	VOLUNTEER OPPORTUNITY
Adapted Sailing Association BC (ASABC)  Jericho Sailing Centre 1300 Discovery Street	<ul> <li>Sailing Companion - experienced and certified to take clients out sailing at Jericho Beach</li> <li>Land Volunteer - help land activities like cleaning and rigging boats, assisting participants in and out of the boat and others</li> <li>Office Volunteer - assist ASABC Office coordinator on booking clients, scheduling shifts, answering phones and other office duties</li> <li>Photographers - take pictures on-site and capture participants and volunteers in action</li> </ul>
British Columbia Mobility Opportunities Society (BCMOS)	<ul> <li>Hiking volunteers - to act as "sherpas" assisting participants in the trailrider</li> <li>Kayaking and Paddleboarding volunteers - provide one-on-one assistance with participants</li> </ul>

Hiking: 4915 W 16th Ave (Pacific Spirit Park)  Kayaking, and Paddleboarding:  1 Athletes Way (Creekside Paddling Centre)	<ul> <li>(should have experience/skills)</li> <li>Land Volunteer - help with greeting guests, prepare kayaks and paddleboards, help with client transfers, and clean dock and shed</li> <li>Cycling volunteers</li> <li>Photographers</li> </ul>
ConnecTra	Abilities Expo Volunteers - assist in organizing the live event in May (need 10 - 15 people)
Disabled Independent Gardeners Association (DIGA) See Below	Community Gardeners - maintain gardens and provide one-on-one assistance to our gardening participants
Tetra Society	Designers and builders - customize devices for people with disabilities, collaboration can be done both virtually and in-person
Vancouver Adapted Music Society (VAMS)	Concert Volunteers - assist in the organization and operation of our Strong Sessions Concert in October (10 to 15 people needed)
Disability Foundation (DF)	Volunteer Engagement Assistant - assist in overseeing volunteer activities such as maintaining accurate volunteer records, cultivate school and corporate partnerships, orient volunteers, attend on-site volunteer monitoring during summer activities and other volunteer-related activities (both virtual and occasional in-person work)

## **DIGA Locations:**

Pandora Park - 2205 Franklin St

Still Creek Community Garden - 4410 Kaslo Street

Kerrisdale Community Garden - 5851 West Blvd

GF Strong Garden - 4255 Laurel Street

Maple Community Garden - 2104 Maple St

Woodland Park Community Garden - 705 Woodland Drive

## **Main Office Address:**

110-2285 Clark Drive Vancouver, BC V5N 3G9